

Questions to Ask When Choosing a Therapist

Compiled by LDW

Sometimes individuals with learning disabilities have emotional or behavioral issues that require treatment by a therapist. Therapy may be provided by a psychiatrist, a clinical psychologist, a licensed independent clinical social worker, or a licensed mental health counselor. Only a psychiatrist or a clinical specialist in psychiatric and mental health nursing is licensed to prescribe and monitor psychiatric medications.

[Find a therapist at Idyellowpages.org](http://Idyellowpages.org)

What to Ask

1. What are your credentials? Are you licensed or certified?
2. What age ranges do you specialize in?
3. What are your areas of expertise?
4. Do you have experience dealing with the type of issues that my child or I have?
5. What do your services cost?
6. Do you accept my insurance?
7. What information do you expect me to provide?
8. Will you contact my child's school for information?
9. If necessary, would you attend a meeting at my child's school?
10. How much do you charge for an out-office-visit?
11. How soon can you see me or my child?
12. How do I prepare my child for his/her appointment with you?

Add Your Questions Here:
